



 **MONSOON**
Lounge & Sushi

APPETIZERS

Edamame

Boiled soy beans tossed in sea salt 7

Miso Soup

Hot miso soup served with wakame seaweed, tofu, and scallions 5

Shrimp Cocktail

Six delicious lemon-poached prawns served with our homemade cocktail sauce. 10

Marinated Tuna Sashimi

Marinated Ahi tuna pieces served with multi grain crackers, garnished with sesame seeds, julienne scallions and a wasabi olive 10

Thai Lettuce Wraps

Crisp leaf lettuce served with the chef's own peanut sauce and an assortment of fresh toppings including, organic carrots, cucumber, sprouts and fresh mint

with crispy tofu 9

with Thai coconut chicken 12

Nigiri Sushi Platter (11 pieces)

2 pieces of salmon, ebi, and avocado as well as 1 piece of tuna, butterfish, unagi, island style and asparagus 24

SALADS

add Shrimp 3

add Teriyaki Chicken 3

add Smoked Gouda Cheese 3

add Scallops 4

Japanese Garden Salad

Organic greens, English cucumber, organic carrots drizzled with our sesame-ginger vinaigrette... 6

Goma Wakame

Seaweed salad tossed with shitake mushrooms and crushed chillis in a light sesame dressing . 6

Monsoon Salad

Organic greens, English cucumber, organic carrots, avocado, topped with crab and served in our sesame-ginger vinaigrette 8

Seared Tuna and Avocado Salad

Seared Ahi tuna, layered with ripe avocado, served on a bed of fresh crab, mixed organic greens, English cucumber, and organic carrots. Drizzled with Monsoon's home made sesame-ginger vinaigrette 16

ENTREES

Entrees served with your choice of Miso soup or Japanese Garden Salad

for Monsoon salad add. 2

Chicken Teriyaki Stir-Fry

A variety of fresh seasonal vegetables, chicken and rice sautéed in a flavourful teriyaki sauce 18

Green Tea Soba Noodles

Garden fresh vegetables sautéed with fresh ginger and kabayaki sauce, garnished with cashews and sesame seeds 17

add chicken 4

add Tofu 2

add shrimp and or scallops 5

Please Remember everything is made fresh to order, therefore during peak times orders may take up to 45 minutes. Thank you for your understanding. A charge of 17% will be added to all parties of 7 people or more.

* TAXES NOT INCLUDED

RAW

Tekkamaki

Yellow Fin Tuna, English cucumbers, Japanese mayo, rolled inside out with sesame seeds

| | |
|------------|----|
| full | 10 |
| half | 6 |

East Coast

Fresh Atlantic salmon, rolled with julienne scallions, cucumber and avocado

| | |
|-----------------------|----|
| full | 10 |
| half | 6 |
| add cream cheese..... | 2 |

* Chef recommendation

Butterfish Maki

Melt in your mouth butterfish, English cucumbers, avocado and Japanese mayo, rolled inside out with sesame and masago rice pearls

| | |
|------------|----|
| full | 10 |
| half | 6 |

El Diablo

Spicy Tuna rolled with Sambal sauce wasabi and scallions

| | |
|------------|----|
| full | 10 |
| half | 6 |

Spicy Salmon

Fresh Atlantic salmon, sesame seeds, spicy Sambal sauce and tempura flakes

| | |
|------------|---|
| full | 9 |
| half | 5 |

Monsoon Maki

Yellow fin tuna, tobiko, English cucumber, avocado, Japanese mayo and crab rolled with tempura flakes and sesame seeds

| | |
|------------|----|
| full | 10 |
| half | 6 |

COOKED

West Coast Maki

Crab, avocado, English cucumber, crisp asparagus, Japanese mayo and smoked Gouda cheese rolled inside out in sesame seeds and tobiko

| | |
|------------|---|
| full | 9 |
| half | 5 |

Chicken Teriyaki Roll

Teriyaki marinated chicken, crisp asparagus and English cucumber rolled inside out in sesame, drizzled with teriyaki sauce

| | |
|------------|---|
| full | 8 |
| half | 5 |

California Roll

Crab, English cucumber and avocado rolled inside out in tobiko or sesame seeds

| | |
|------------|---|
| full | 8 |
| half | 5 |

Ebi Maki

Tiger prawns rolled with avocado and Japanese mayo rolled inside out in tobiko and masago rice pearls

| | |
|------------|---|
| full | 8 |
| half | 5 |

Chicken Pad Thai Roll

Chicken, snow peas, red peppers, green onions, chopped peanuts, mango bean sprouts and our own spicy peanut sauce

| | |
|------------|---|
| full | 8 |
| half | 5 |

Spicy Shrimp Spring

Tiger prawns, red peppers, English cucumber, organic carrots, snow peas, and spicy sambal sauce

| | |
|------------|---|
| full | 8 |
| half | 5 |

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Margaritaville Maki

Inside: Chicken, seasoned avocado, and special sauce
 Outside: Crushed tortilla chips, and homemade salsa
 full 10
 half 6

* Garnished with jalapeño havarti

VEGGIE

Saishoku

Mango, red peppers, carrots and English cucumber
 full 5
 half 3

Caterpillar

English cucumber, red pepper, snow peas, organic carrots, Japanese mayo, rolled inside out with sesame seeds and layered with avocado and cucumber
 full 8

Yam Maki

Sweet yams with ripe avocado, onion aioli and tempura flakes
 full 5
 half 3

Monsoon Saishoku

Crisp asparagus, avocado carrots, English cucumber rolled with sesame seeds, Japanese mayo and tempura flakes
 full 5
 half 3
 add smoked Gouda cheese 2
 * Chef recommendation

Veggie Fiesta Maki

Inside: Spiced avocado, red peppers, and mango
 Outside: Crushed tortilla chips, and home made salsa
 full 6
 half 4

* Garnished with jalapeño havarti

SPECIALTY MAKI ROLLS

Red Monsoon

Yellow fin tuna, cucumber, and Japanese mayo rolled inside out in tobiko, topped with salmon and avocado
 full 11

Monsoon Rainbow

Inside: Crab, English cucumber, asparagus and Japanese mayonnaise
 Outside: Tobiko, avocado, and assorted sashimi
 full 14

Benefit Maki

Inside: English cucumber, red peppers and cream cheese
 Outside: sesame seeds, green onion, and smoked salmon
 full 11
 half 6

White Monsoon

Butterfish, avocado, cucumber, crab and Japanese mayo rolled inside out in masago rice pearls and sesame seeds, garnished with sea scallops and kabayaki sauce
 full 11
 half 6

Monsoon Dragon Roll

Inside: English cucumber, red peppers, crab and cream cheese
 Outside: Sesame seeds, green onions, unagi (eel), and avocado, drizzled with kabayaki sauce
 full 15

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Green Monsoon

Inside: Crab, English cucumber, salmon, Japanese mayonnaise, and tempura flakes

Outside: Tobiko and lots of avocado
full..... 11

Design Your Own

Create your own signature roll using a wide variety of our fresh ingredients.*Priced upon request*

NIGIRI-SUSHI

Fish and vegetables on ball of rice, 2 pieces per order

Raw

- Sake: Atlantic Salmon 6
- Maguro: Yellow Fin Tuna..... 8
- Butterfish: White oil fish..... 8

Cooked

- Ebi Sushi: Lemon poached tiger prawns 6
- Unagi Kabayaki: Teriyaki glazed fresh water eel ... 7
- Island Style: Crab stick paired with a slice of mango wrapped with a nori belt.....7

Vegetarian

- Asparagus Nigiri: Crisp fresh asparagus wrapped with a nori belt 4
- Avocado: Sliced avocado wrapped with a nori belt, topped with our chef's own fresh salsa4

SASHIMI

Highest Grade cut of raw fish thinly sliced, 4 pieces per order

- Sake: Atlantic Salmon 8
- Maguro: Yellow Fin Tuna..... 10
- Butterfish: White Oil Fish 10

SPECIALTY ITEMS

Baja Hand Rolls

Tiger prawns, crab, and crisp asparagus wrapped in nori
2 per order 8

Saishoku Hand Rolls

English cucumber, organic carrots, red peppers and fresh mango wrapped in nori
2 per order 5



Seared Salmon Hand Rolls

Crisp asparagus, avocado, seared salmon wrapped in nori, garnished with kabayaki sauce
2 per order 10

Smoked Salmon and Asparagus Oshi

Square shaped pressed rice topped with smoked steelhead salmon and fresh asparagus
6 pieces per order 9

Crab and Tobiko Oshi

Pressed rice topped with crab, flying fish roe and scallions
6 pieces per order 8

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PLATTERS

Please no substitutions

Platter for 1 (8 pieces) 18

Hot miso soup, your choice of Goma Wakame or fresh Japanese garden salad and one full maki roll of your choice

for specialty rolls add 4

for Monsoon salad add 2

Platter for 2 (30 pieces) 38

Edamame, Ebi nigiri sushi, spicy salmon roll, cucumber maki, west coast maki, smoked salmon and asparagus oshi and your choice of 2 fresh salads (goma wakame or Japanese garden) or miso soup.

upgrade to a Monsoon salad add 2

Platter for 4 (54 pieces) 82

Edamame, miso soup, Island style nigiri, avocado nigiri, Ebi nigiri and Unagi nigiri-sushi. Spicy salmon roll, yam maki, California roll, chicken teriyaki maki, English cucumber roll, smoked salmon and asparagus oshi and your choice fresh salads (goma wakame or Japanese garden)

Upgrade to a Monsoon salad add 2

Nigiri Sushi Platter (11 pieces) 24

2 pieces of salmon, ebi, and avocado. 1 piece of tuna, butterfish, unagi, island style, and asparagus

Vegetarian Platter (26 pieces) 23

Edamame, cucumber maki, veggie fiesta roll, Monsoon Saishoku, and saishoku hand rolls

add smoked Gouda cheese 2

Sashimi Platter (12 pieces)

12 pieces of the chef's selection 21

Monsoon Platter (100 pieces) 100

Ebi nigiri, salmon nigiri, asparagus nigiri, butterfish maki, spicy salmon, west coast roll, yam maki, English cucumber maki and California roll

Variety Platter for 2 (34 pieces) 54

Edamame, miso soup, 6 pieces of sashimi, crab and tobiko oshi, baja temaki, avocado nigiri, ebi nigiri, unagi nigiri, cucumber roll and your choice of any maki roll

for specialty rolls add 4

Variety Platter for 4 (62 pieces) 99

Edamame, miso soup, 8 pieces of assorted sashimi, crab and tobiko oshi, baja temaki, avocado nigiri, ebi nigiri, unagi nigiri, cucumber maki, California roll and your choice of any 2 maki

for specialty rolls add 4

Cheese Platter 28

A delicious variety of cheese and fresh fruit served with chocolate dipping sauce

½ cheese platter 16

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